MINDLY EDUCATION

WINNING DYNAMICS

la fabrique à bonheurs
Académie de la Psychopédagogie Positive

Allagi

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TIPS AND RECOMMENDATIONS

MiNDLY EDUCATION

1 — Ritualize Without Rigidity

2 — Make Your Expectations Explicit

3 — Distribute Rotating Roles

4 — Vary the Energy and Allow Movement

5 — Differentiate Without Stigmatizing

4 Vary the energy and allow movement

Attention does not last indefinitely! Incorporate active breaks, rhythm variations, and allow controlled movement to prevent cognitive overheating and boost concentration.

2 MAKE YOUR EXPECTATIONS EXPLICIT

Don't expect a "obvious" behavior from a student: teach it as real knowledge. Show, practice, encourage, and correct, just like for a school skill.

3 ASSIGN ROTATING ROLES

Actively involve your students by assigning them roles with responsibility (calm guardian, mediator, timekeeper, etc.). This enhances their engagement and sense of belonging.

5 DIFFERENTIATE WITHOUT STIGMATIZING

Offer diverse support, simplify some instructions, encourage mutual assistance... but within a shared framework accessible to all, so that each student feels included and valued.

1 RITUALIZE WITHOUT RIGIDITY

Establish rituals (entry, transitions, closure) to structure the times, but always leave some flexibility to adapt these rituals according to the needs of the day or the group's dynamics.

MiNDLY EDUCATION

ONLINE RESOURCES

"How to Establish Classroom Routines for Productive Learning" - Edutopia

"The role of routines in creating an effective learning environment" - My Chartered College

"Classroom Management: 24 Strategies Every Teacher Needs to Know" - Impact of Special Needs

"Classroom Management and Facilitation Approaches That Promote Learning" - NIH

"Movement in Learning" - Wikipedia

"CLASSROOM MANAGEMENT: 24 STRATEGIES EVERY TEACHER NEEDS TO KNOW" - IMPACT OF SPECIAL NEEDS

A practical guide covering various strategies (space organization, positive relationships, welcoming procedures, etc.) to strengthen classroom climate and student engagement.

"The Role of Routines in Creating an Effective Learning Environment" - My Chartered College

A recent review (2021) that explains how routines reduce students' cognitive load and establish social norms conducive to learning

"CLASSROOM MANAGEMENT AND FACILITATION APPROACHES THAT PROMOTE LEARNING" - NIH

A research-based review showing how effectively managed environments encourage student engagement and social-emotional support.

"Movement in Learning" - Wikipedia

An article describing the importance of integrating movement and active breaks to boost students' cognitive attention and engagement.

"How to Establish Classroom Routines for Productive Learning" - Edutopia

An article from October 2024 that offers concrete strategies for implementing effective routines—opening, transitions, closing—to structure learning and optimize instructional time.