



# TRUST THE LEARNING PROCESS



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# TIPS AND RECOMMENDATIONS

1

**VALUE THE EFFORTS, NOT JUST THE RESULTS**

2

**LEAVE A MOMENT OF SILENCE AFTER A QUESTION**

3

**WELCOME ERRORS WITH A KEY PHRASE FILLED WITH EMPATHY AND TENDERNESS**

4

**OBSERVE WITHOUT INTERVENING TOO QUICKLY**

5

**SUGGEST A DELAYED SUPPORT PHRASE**





## VALUE EFFORT, NOT JUST RESULTS



“You persevered even if it was difficult, you can be proud of yourself!”

This helps the child associate learning with engagement, not perfection.



## **OBSERVE WITHOUT INTERVENING TOO QUICKLY:**



Before helping, ask yourself: “Does he really need me... or just a little more time?”

Often, waiting a few seconds is enough for him to find it on his own.

3

## WELCOME MISTAKES WITH A KEY PHRASE FILLED WITH EMPATHY AND TENDERNESS



For example: “Making mistakes is learning something new.”

It de-dramatizes the mistake and encourages the child to try without fear.



## SUGGEST A DELAYED SUPPORT PHRASE



For example: “You can continue alone, and if you really get stuck, I am here.”  
This reinforces autonomy while ensuring the relationship.



## LEAVE A PAUSE AFTER A QUESTION



Give your child time to think before responding or acting, even if the silence seems long to you.

Allow 5 to 10 seconds for the brain to process the information without pressure.



"4 Small Ways to Build  
Confidence in Kids"  
- Liz Greene



"How to Build Confidence  
and Self-Esteem in  
Young Children" -  
Building Blocks



"The Power of Praising  
the Effort" - GreatKids



"10 Ways To Nurture  
Your Child's Learning  
Ability" - Magrid



"Praising Children for  
Effort Rather Than  
Ability" - Oxford  
Learning



## "THE POWER OF PRAISING THE EFFORT" - GREATKIDS

It is designed to provide parents with a framework to support their baby in learning new skills while experiencing fun and encouragement for their efforts. As with all blog posts, recent research and literature are reviewed to support the discussion.



## **"PRAISING CHILDREN FOR EFFORT RATHER THAN ABILITY" - OXFORD LEARNING**

When praising a child for a job well done, it is important to acknowledge the effort they put in rather than their innate ability. This is because children who believe their skills are fixed tend to invest less effort, practice less, study less, and are less likely to try harder.



## "HOW TO BUILD CONFIDENCE AND SELF-ESTEEM IN YOUNG CHILDREN" - BUILDING BLOCKS

This blog will discuss practical strategies to cultivate a positive self-image and promote a growth mindset in young learners, equipping them with the skills to succeed both academically and beyond.





## "4 SMALL WAYS TO BUILD CONFIDENCE IN KIDS" - LIZ GREENE

The article outlines four simple strategies to help nurture confidence in children. It emphasizes the importance of shared play, giving children manageable responsibilities, providing focused attention, and offering frequent encouragement. These practices help children experience success independently, boosting their self-esteem and resilience. Overall, the article highlights that confidence grows through supportive experiences and consistent guidance.



## "10 WAYS TO NURTURE YOUR CHILD'S LEARNING ABILITY" - MAGRID

Learning ability refers to an individual's capacity to absorb, process, and remember information. It is essential for a child's overall growth and academic achievement. By understanding how a child learns, parents and educators can customize educational approaches to enhance their learning potential.

