



**YOU CAN'T MOTIVATE
STUDENTS: THEY MOTIVATE
THEMSELVES!**



la fabrique à bonheurs
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Allagi



TIPS AND RECOMMENDATIONS

1

**START EACH SESSION WITH A
"PEDAGOGICAL COMPASS"**

**BREAK DOWN
TASKS TO MAKE
SUCCESSSES VISIBLE**

2

**OFFER
FRAMED CHOICES**

3

4

**VALUE EFFORT, NOT
JUST
THE RESULT**

5

**INSTALL MOTIVATING
AND PREDICTABLE
RITUALS**





VALUE EFFORT, NOT JUST THE RESULT

Say: “You persevered despite the difficulty” or “You dared to try another strategy”.

➔ This promotes a growth mindset and maintains motivation even in case of error.



DIVIDE TASKS TO MAKE SUCCESSSES VISIBLE



Break down activities into intermediate steps with regular feedback.

➔ This reinforces the sense of competence and prevents discouragement.



OFFER GUIDED CHOICES



Let students choose between two supports, roles, or formats (written/oral, work alone/in pairs).

➔ This supports their autonomy while maintaining a structuring framework.



INSTALL MOTIVATING AND PREDICTABLE RITUALS



For example: a challenge of the day, a daily question, a one-minute self-assessment at the end, or a playful anchoring activity.

➔ This ensures safety, creates positive anticipation, and structures autonomy.



START EACH SESSION WITH A "PEDAGOGICAL COMPASS"

Clearly explain the day's objective: "Today, we will learn to... because it will help us to..."

➔ This gives meaning and engages from the start.



“The role of motivation in learning” - Claire Chuter
- The Education Hub



“Five ways to boost student motivation” -
American Psychological Association



“How to Motivate Students: 12 Classroom Tips & Examples” -
Positive Psychology



“10 Tips for Staying Motivated in School” -
ASPCC



“Lack of Academic Motivation” - Jane Tholstrup



"LACK OF ACADEMIC MOTIVATION" - JANE THOLSTRUP

This video addresses the issue of low academic motivation, encouraging self-reflection as a way to overcome it, while also offering strategies schools can use to boost student motivation. Jane, a senior at Pittsburg High School, shares her perspective.



"FIVE WAYS TO BOOST STUDENT MOTIVATION" - AMERICAN PSYCHOLOGICAL ASSOCIATION

One of the greatest challenges in teaching is motivating students. Furthermore, the shift to remote learning caused by COVID-19 (Fong, 2022) may have worsened students' already declining motivation, even as the "new normal" has taken hold. Despite these decreases, some educators may still hold the view that students are entirely responsible for their own motivation.



"THE ROLE OF MOTIVATION IN LEARNING" - CLAIRE CHUTER - THE EDUCATION HUB

Motivation, as the term implies, is what drives us to act. It is the underlying reason behind all our actions. For teachers, student lack of motivation has consistently been a major challenge to effective learning. Although motivation might seem straightforward at first, extensive research has explored and defined it from various perspectives.



"10 TIPS FOR STAYING MOTIVATED IN SCHOOL" - ASPCC

Education is a journey marked by complex challenges and various achievements, where motivation plays a crucial role in academic success and personal growth. Students facing heavy workloads, multiple responsibilities, and life's obstacles must sustain consistent motivation to overcome these demands.



"HOW TO MOTIVATE STUDENTS: 12 CLASSROOM TIPS & EXAMPLES" - POSITIVE PSYCHOLOGY

Effective student motivation depends on recognizing each student's interests and establishing clear, attainable goals that have personal meaning. Promoting a growth mindset builds resilience and determination, enabling students to view challenges as valuable learning experiences.

