



# MY BELIEFS AND REPRESENTATION



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Allagi



# TIPS AND RECOMMENDATIONS

**HAVE  
REALISTIC  
EXPECTATIONS**

**01**

**HELP THEM  
TO FOCUS**

**02**

**ENCOURAGE THEM  
TO WORK  
IN GROUPS**

**05**

Here are five tips for communicating with your children about school while instilling essential values such as hard work, effort, perseverance, and the joy of learning:

**03**

**AVOID  
COMPARING THEM  
TO OTHERS**

**04**

**BE A MODEL OF  
PERSEVERANCE**





## BE A MODEL OF PERSEVERANCE

Children learn a lot by observing their parents. Set an example by persevering in the face of challenges, continuing despite obstacles, and giving your all. Get involved in your child's school life by participating in school activities.





01

## HAVE REALISTIC EXPECTATIONS

Every child is unique and progresses at their own pace. Set goals suited to your child's abilities to avoid discouragement. Offer progressive challenges that will stimulate their perseverance while developing their skills.



## **AVOID COMPARING THEM TO OTHERS**

Your child is unique, with their own abilities. Constantly comparing them to others risks stressing and demoralizing them. Value their personal progress rather than focusing on comparison.

**03**



02

## HELP THEM TO CONCENTRATE

A child may abandon an activity if they do not yet have the ability to concentrate long enough. Help them stay focused by limiting distractions and encouraging them to finish what they start, even if they encounter difficulties.



## ENCOURAGE THEM TO WORK IN GROUPS

Group work stimulates the motivation to learn. Interactions and heterogeneous exchanges create sociocognitive conflicts whose resolution allows each person to appropriate knowledge. Daring to work in groups is an excellent way to develop perseverance.

05

By combining these different approaches, you will be able to communicate effectively with your child about school while transmitting essential values for their success and personal development.



## ONLINE RESOURCES

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**Understood.org**

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**Parent Toolkit**

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**PBS Parents**

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**Scholastic Parents**

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**Edutopia**

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**MindShift by KQED**

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**The Child Mind Institute**

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**Learning Heroes**

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These resources can help parents not only support their children academically but also instill values that contribute to long-term success and a love of learning.



# THE CHILD MIND INSTITUTE

This site provides advice on children's mental health and learning disorders. It also offers resources on how parents can encourage perseverance, manage academic stress, and create a positive learning environment.





# EDUTOPIA

Created by the George Lucas Educational Foundation, Edutopia offers research-based strategies and ideas for educators and parents. It includes articles on growth mindset, social-emotional learning, and how parents can support their children's educational journey.





# LEARNING HEROES

Learning Heroes provides parents with tools to support their child's education, including resources on understanding academic progress, fostering a growth mindset, and making learning enjoyable and productive.





# PBS PARENTS

PBS offers a wealth of resources for parents on child development and education. The site includes activities, tips, and advice on how to support your child's education, encourage curiosity, and make learning fun.





# SCHOLASTiC PARENTS

Scholastic provides articles, tips, and tools to help parents foster a love of reading and learning in their children. It also offers advice on building study habits, encouraging perseverance, and making learning enjoyable.



# PARENT TOOLKIT



Un portal que proporciona recursos para ayudar a los padres a guiar el desarrollo académico, social y emocional de sus hijos. Incluye temas como motivación, establecimiento de metas y cómo fomentar el amor por el aprendizaje. También ofrece recursos en español con artículos y recursos para padres sobre cómo mejorar la comunicación con sus hijos, estrategias educativas, y cómo fomentar la autonomía y el esfuerzo en los niños.





# MINDSHIFT BY KQED

MindShift explores the future of learning in all its dimensions, offering insights for parents on topics like motivation, resilience, and innovative teaching practices that can be applied at home.





# UNDERSTOOD.ORG

A comprehensive resource for parents of children with learning and attention issues, offering strategies for supporting academic success, fostering resilience, and building a positive learning environment at home. It includes articles on how to encourage effort and perseverance in children.

