



THE POSTURE OF RESPONSIBILITY

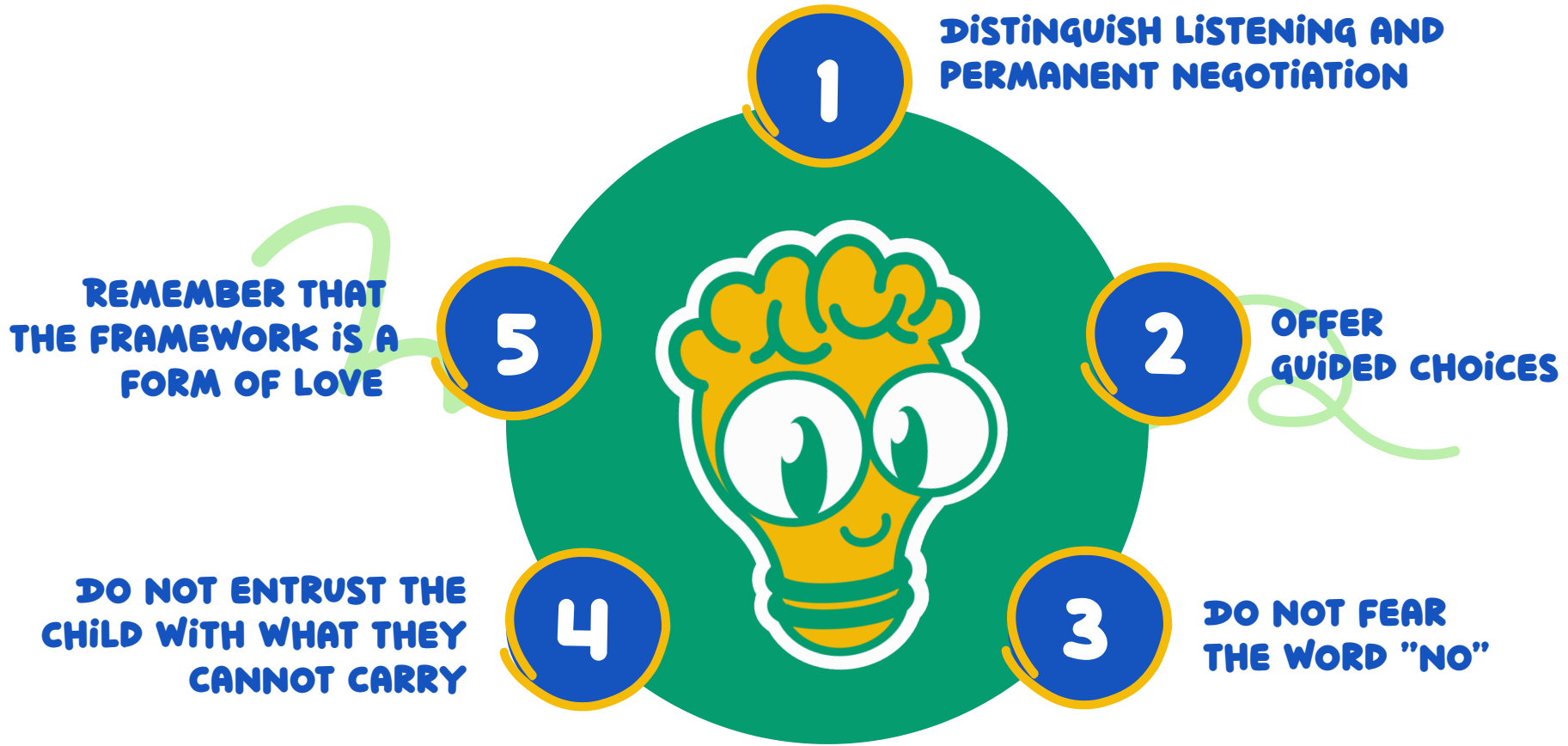


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Allagi



TIPS AND RECOMMENDATIONS





DISTINGUISH BETWEEN LISTENING AND ONGOING NEGOTIATION



Listening to your child's emotions doesn't mean they have to decide everything.

Tip: Rephrase their feelings (“You're disappointed, I understand”) but take on your role as decision-maker when necessary. “I hear you. And I stand by my decision.”



DO NOT ENTRUST THE CHILD WITH WHAT THEY CANNOT CARRY



Some choices or responsibilities exceed their age or skills.

Tip: Tell them when you make the decision because it's your role, and why.
"This choice is my responsibility because I am your parent."



DON'T BE AFRAID OF THE WORD "NO"



Say "no" calmly and respectfully to create a safe environment.

Tip: Prepare firm and caring key phrases. "It's not a rejection of you, it's a no to help you grow."



REMEMBER THAT THE FRAMEWORK IS A FORM OF LOVE

A fair framework does not constrain, it supports.

Tip: Highlight rules as landmarks to help them feel safe. “Rules are not against you, they are there for you.”





PROVIDING GUIDED CHOICES



Give your child a sense of control without abandoning your role.

Tip: Offer two options that are acceptable to you. This provides structure while respecting their need for independence. “Would you like to wear the red sweater or the blue one today?”



"The effect of positive parenting on adolescent life satisfaction: the mediating role of parent-adolescent attachment" - Frontiers



"Parenting styles and externalizing problem behaviors of preschoolers: mediation through self-control abilities and emotional management skills" - Frontiers



"Nurturing the Future: How Positive Parenting Is Related to Children's Skills and Well-Being"



"The effect of authoritative parenting style on individual development: A literature review" - Airlangga University



"How to discipline your child the smart and healthy way" - UNICEF





"THE EFFECT OF AUTHORITATIVE PARENTING STYLE ON INDIVIDUAL DEVELOPMENT: A LITERATURE REVIEW" - AIRLANGGA UNIVERSITY

This article reviews existing literature on the effects of authoritative parenting style on individual development. It highlights how this parenting approach—characterized by warmth, responsiveness, and clear boundaries—positively influences children's emotional, social, and cognitive growth. The review summarizes evidence linking authoritative parenting to higher self-esteem, better academic performance, and improved behavioral outcomes. Overall, the article emphasizes the important role of balanced parenting in fostering healthy development.



"HOW TO DISCIPLINE YOUR CHILD THE SMART AND HEALTHY WAY" - UNICEF

Positive discipline for improved mental and physical well-being and a joyful childhood.



"THE EFFECT OF POSITIVE PARENTING ON ADOLESCENT LIFE SATISFACTION: THE MEDIATING ROLE OF PARENT-ADOLESCENT ATTACHMENT" - FRONTIERS

This study examines how positive parenting influences adolescents' life satisfaction, highlighting the mediating role of parent-adolescent attachment, within the frameworks of family systems and attachment theories.



"PARENTING STYLES AND EXTERNALIZING PROBLEM BEHAVIORS OF PRESCHOOLERS: MEDIATION THROUGH SELF-CONTROL ABILITIES AND EMOTIONAL MANAGEMENT SKILLS" - FRONTIERS

This study investigates how different parenting styles influence externalizing problem behaviors in preschool children. It highlights that the relationship between parenting and these behaviors is mediated by the child's self-control abilities and emotional management skills. Positive parenting promotes better self-regulation, which reduces behavioral issues. The findings emphasize the importance of fostering emotional and self-control skills to mitigate externalizing problems in young children.





"NURTURING THE FUTURE: HOW POSITIVE PARENTING IS RELATED TO CHILDREN'S SKILLS AND WELL-BEING" - INSTITUTE OF LABOUR ECONOMICS, GERMANY

This study examines the relationship between parenting styles and a wide range of children's skills and outcomes. Based on data from 5,580 children and their parents, it finds that children raised with positive parenting tend to have higher IQs, greater altruism, openness to new experiences, conscientiousness, and agreeableness. They also exhibit stronger locus of control, self-control, and self-esteem, perform better academically, display more prosocial behavior in daily life, and report higher life satisfaction.

