



DEVELOP MY PATHY



la fabrique à bonheurs
Académie de la Psychopédagogie Positive

Allagi



TIPS AND RECOMMENDATIONS





BE PRESENT AND AVAILABLE

Make yourself available to answer their questions and guide them as needed. Check in with them regularly. Be attentive to their needs and difficulties, and do not hesitate to support them. Your presence and your constant support will be greatly appreciated.

BE A POSITIVE ROLE MODEL



Embody the values and behaviors you wish to convey. Be an example! Share your experiences and knowledge to help them grow and build themselves. Show them that success is possible with hard work and perseverance.

By applying these 5 tips, you will be able to forge strong and lasting bonds with young people, based on trust, respect, and mutual growth. This will foster an environment conducive to learning and engagement for all.



ENGAGE THEM AND VALUE THEIR CONTRIBUTIONS

Involve young people in decisions that affect them. Consider their ideas and suggestions. Acknowledge their efforts and achievements. This will strengthen their sense of value and belonging. Avoid assumptions and hasty judgments.



ESTABLISH A TRUSTING RELATIONSHIP

Be open-minded, attentive, and non-judgmental. Take the time to get to know the young people, understand their concerns and aspirations. Be authentic in your interactions and show transparency. This will create a trusting environment conducive to rich exchanges and the establishment of a healthy and lasting relationship.



COMMUNICATE APPROPRIATELY

Use clear and positive language that is appropriate for their generation. Be mindful of your verbal and non-verbal communication. Ask open-ended questions that allow young people to express themselves freely, without forcing them to respond if they are not comfortable. Validate their feelings and experiences to show that you are listening to and understanding them.

ONLINE RESOURCES



Edutopia



"The Power of
Vulnerability"
by Brené Brown



"Building Trusting
Relationships
with Students"



"Creating a Positive
Classroom
Environment"
- Teacher Toolkit





"CREATING A POSITIVE CLASSROOM ENVIRONMENT" - TEACHER TOOLKIT

This article proposes strategies for creating a positive and inclusive classroom environment, focusing on the importance of communication and respectful relationships with students. It offers practical advice that professionals can apply immediately.





EDUTOPIA

Edutopia is an online resource offering articles, videos and advice on best practice in education. The site covers topics such as communication, classroom management and teacher-student relationships, offering practical strategies for building positive relationships with young people.





"THE POWER OF VULNERABILITY" BY BRENE BROWN

In this TED talk, Brené Brown explores the importance of vulnerability and empathy in human relationships. Although not specifically focused on education, her ideas on connecting and understanding emotions can be very useful for professionals working with young people.





"BUILDING TRUSTING RELATIONSHIPS WITH STUDENTS"

These resources will enable professionals to deepen their understanding of the dynamics of relationships with young people and improve their educational practice.

